



# ONE-DAY SITTING

Sunday, July 23, 2023

## REGISTRATION

Name \_\_\_\_\_ Age \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

- I am fully vaccinated for COVID-19 (copy of vaccination card attached if new to AZC)
- I have participated in a sitting or sesshin before. If not at AZC: \_\_\_\_\_
- I have a diagnosed physical, emotional or psychiatric condition:
- I take a daily medication:

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

### OVERNIGHT ACCOMMODATIONS

- I wish to sleep at Zen Center the night before the event in order to rise with the wakeup bell

### MEALS

- I have my own oryoki set
  - I will need to borrow a Zen Center oryoki set
  - I need oryoki training
- I have a medically diagnosed dietary restriction (e.g. diabetes, pregnancy):  
The menu will be vegetarian. We adhere to Buddha's teaching of 'no picking and choosing,' and we are unable to cater to food preferences.

### SETUP AND CLEANUP

- I will help setup for the event on Friday from 9:00-10:30 a.m. | Alternate time: \_\_\_\_\_
- I will help clean up after the event Monday from 9:00-10:30 a.m. | Alternate time: \_\_\_\_\_

### FEES

Registration fees are due at time of registration. You are not registered until paid. No refunds will be given. Registration closes two weeks before the event.

- Pledging member of AZC: \$40
- Non-pledging member: \$50
  - Donation for overnight housing: \$ \_\_\_\_\_
  - Donation to scholarship fund: \$ \_\_\_\_\_

**TOTAL ENCLOSED \$ \_\_\_\_\_**