



ONE-DAY SITTING

Sunday, June 2, 2024

REGISTRATION

Name _____ Age _____

Phone _____ Email _____

Address _____

- I am fully vaccinated for COVID-19
- I have participated in a sitting or sesshin before. If not at AZC: _____
- I have a diagnosed physical, emotional or psychiatric condition:
- I take a daily medication:

Emergency Contact: _____ Phone: _____

OVERNIGHT ACCOMMODATIONS

- I wish to sleep at Zen Center the night before the event in order to rise with the wakeup bell

MEALS

- I have my own oryoki set
 - I will need to borrow a Zen Center oryoki set
 - I need oryoki training

I have a medically diagnosed dietary restriction (e.g. diabetes, pregnancy):
 The menu will be vegetarian. We adhere to Buddha's teaching of 'no picking and choosing,' and we are unable to cater to food preferences.

SETUP AND SERVING THE COMMUNITY

- I will help setup for the event on Friday from 8:00-10:00 a.m. | Alternate time: _____
- I will pre-make soup, bake cookies or other food that is needed for the event and deliver it to the Zen Center kitchen on Friday | Alternate time: _____ *You will receive a recipe and some instruction. You may work in the main Zen Center kitchen using ingredients from the pantry.*

FEES

Registration fees are due at time of registration. You are not registered until paid. No refunds will be given. Registration closes two weeks before the event.

- Pledging member of AZC: \$40
- Non-pledging member: \$50
 - Donation for overnight housing: \$ _____
 - Donation to scholarship fund: \$ _____

TOTAL ENCLOSED \$ _____